



Spectrum Center
 2060 N. Loop West
 Suite 205
 Houston, TX 77018-8107

Our new offices are at 610 and TC Jester in The Preserve, a lovely wooded office park. Here are directions and a map which should make it easy to find our offices for your appointments and our classes.

MONDAY - FRIDAY, 7am to 6pm:

From 610 travel north on TC Jester East. Stay in your right lane.

You will pass an auto repair shop and directly after that you will see signs for new home developments, then a 40 mile an hour traffic sign. Turn right immediately after the speed sign.

Our building is on your left and parking is in the front and surrounding areas (see map below). PLEASE DO NOT PARK IN RESERVED SPACES.

AFTER 6PM AND WEEKENDS:

From 610 travel north on TC Jester East. Stay in your right lane.

You will pass the first entrance to The Preserve and turn right at the main entrance. Drive past the guardhouse, past 2050, 2040 and 2030. Turn right between 2030 and 2020 and then turn right again to 2060 (see map and follow arrows).

Monday through Friday we will have someone at the door of our building to let you in after 6pm until 8pm.

On weekends you will need to text your practitioner for entry (except for Saturdays until 12noon). Weekend classes will post someone at the door before the class begins. **Please arrive on time.**